



Permanent cosmetic procedures normally require multiple treatment sessions. For best results, clients will be required to return for at least one retouch procedure, usually between six and 8 weeks after the initial procedure.

Be prepared for the color intensity to be significantly sharper and darker immediately after the procedure. This will subside and become lighter as the tissue heals. This process can take up to ten days.

### PRE-CARE ADVICE

- No alcohol for at least 24 hours before the procedure.
- No caffeine on the day of the procedure.
- No blood thinners including pain killers for at least 24 hours before the procedure.
- No aspirin, ibuprofen or aleve for at least 48 hours before the procedure.
- No working out on the day of the procedure.
- No sauna or tanning 1 week prior.
- You cannot be pregnant or breastfeeding.
- Discontinue use of fish oil or vitamin E at least one week prior.
- No botox injections in the brow area for at least 2 weeks prior to the procedure.
- No deep exfoliation in the brow area for at least 2 weeks prior to the procedure (ex. Chemical peel).
- No retinol products, acne treatments or salicylic acid in the brown area for at least 4 weeks prior.
- No antibiotics at the time of your appointment.
- No eyebrow tinting 2 weeks prior to the procedure.
- A patch test will be performed prior to the procedure unless waived.
- Any waxing should be performed at least 48 hours before the procedure: Electrolysis no less than five days before the procedure.
- Please wear your normal makeup to the salon on the day of the procedure.
- Since delicate skin or sensitive areas may be swollen or red, it is advised not to make social plans for the same day.

## EYEBROWS AFTERCARE ADVICE



### WHAT TO EXPECT

Immediately the days following your procedure, the tattooed area will appear to be darker and bolder in color and more sharply defined. The complete healing process takes about 6-8 weeks, at which time the true color of the tattoo is evident. During this process, your tattoo will soften and lighten. Be patient and wait at least 6 weeks to see the true color.

### WHAT TO AVOID DURING THE EYEBROW HEALING PHASE

*(For 10-14 days after the procedure or until the end of flaking):*

- Don't get your brows wet other than the required washing mentioned below. This includes showers, swimming, saunas, hot tubs, etc. Minimize showers and lower the temperature.
- No sweating, exercise, working out or hot yoga.
- No UV exposure or tanning beds.
- No laser light therapy and no facials for 30 days.
- No Makeup, Lotion, Face Wash, Serums, Etc.
- No use of Neosporin or Petroleum based products other than healing cream.
- No threading, waxing or removal products.
- No facial products containing alpha hydroxyls (ahas), retin-A, lactic or glycolic acids.
- Do not apply any anti-acne products or skin lightening products.
- Do not bleach, tint or dye the tattooed area.
- Do NOT pick.

### HEALING CARE

#### Day of:

After the procedure, gently blot the area with a clean tissue to absorb excess lymph fluid. Do this until the oozing has stopped.

#### Days 1-7 (wash & moisturize):

Gently wash the area each morning and night with water and gentle soap or an unscented cleanser. With a very light touch, use your fingertips to gently cleanse the area.

After each wash it is very important to let the brows dry completely before you add moisturizer. To dry, gently pat with a clean tissue. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or exfoliants.

When dry, use a sterile Q-tip and GENTLY dab (DO NOT RUB) the balm provided onto your brows using an amount equivalent to the size of half a grain of rice for each brow. (If you use the correct amount you will not see a glossy look on your brows.)

### **Day 5-12 (peeling/flaking phase):**

Once this process begins you can discontinue washing and keep moisturizing your brows. Do not pick, and allow the scab or dry skin to come off on its own.

DO NOT sleep on your face, please try everything possible to refrain from rolling on to your face in your sleep.

When your brows are no longer flaky (typically between day 10-14) this phase of healing is complete and you can resume regular activities. You will still want to avoid all products on them that include active ingredients (acne or anti aging products, salicylic acid, etc) and protect your fresh brows from UV exposure.

### **ONCE EYEBROWS ARE HEALED**

Exposure to the sun over time can cause fading and discoloration of the pigment. Once completely healed, always apply sunscreen (50 spf or greater) on the treated area.

Wear large sunglasses and a hat for further protection. Rinse and dry the area thoroughly when in contact with chlorine.

Glycolic acid, microdermabrasion, and chemical face peel products and exfoliants must be kept away from the tattooed area as continued use could lighten the pigment.

If you are having laser resurfacing or laser hair removal after your tattoo has healed, please inform the laser technician. Continue at your own discretion. Laser procedures may darken, lighten, or discolor the tattooed area.

Once the treated area is completely healed, any changes or additions that need to be made can be done at your follow-up appointment no sooner than 6-8 weeks later.

There are no implied or written guarantees if you do not take care of your tattoo.